



STRENGTHENING *Families* PROGRAM

FOR PARENTS AND YOUTH 10-14

Skill Building Classes

Parents skill:

- Setting and holding boundaries
- Active listening
- Communication
- Relationship building

Youth skills:

- Situational awareness
- Peer pressure resistance
- Problem solving skills

Family skills:

- Loving each other
- Trust
- Respect
- Bonding
- Setting & working towards goals
- Learning & setting family values

And more...!

WHEN: January 9th - February 20th

WHERE: Highland Community Church

TIME: Every Tuesday 4:30-7:00pm

First implementation: English
Food & Childcare Provided



SCAN ME

For more information contact Deisy Rodriguez at
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