

T.I.S. School Lunch November 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Spaghetti with Cheese Salad Cucumber Garlic Toast Fruit & Milk	2 Hamburger Tater Tots Tomato & Carrots Fruit & Milk	3 Chili with Fritos String Cheese Cucumber & Carrots Ice Cream Cup Fruit & Milk
6 Chicken Quesadilla Churro Mini Peppers & Broccoli Fruit & Milk & Fruit	7 Teriyaki Dippers Yakisoba Noodles Mini Peppers Cucumber Fruit & Milk	8 Baked Chicken Mashed Potatoes & Gravy Roll with Butter Baby Carrots Fruit & Milk	9 Pizza Green Salad w/Veggies Cookie Fruit & Milk	10 Veteran's Day 
13 Taco Refried Beans Lettuce & Tomato Baby Carrots Fruit & Milk	14 Chicken McHighland Tater Tots Baby Carrots Fruit & Milk	15 Turkey & Gravy Mashed Potatoes Dinner Roll, Green Beans Pumpkin Bar Fruit & Milk	16 Corn Dog Shoestring Fries Broccoli Fruit & Milk	17 Pizza Green Salad w/Veggies Cookie Fruit & Milk
20 Burrito Green Salad & Cucumber Cherry Tomato Cheese Sauce Fruit & Milk	21 Pizza Green Salad w/Veggies Cookie Fruit & Milk	22 Thanksgiving Break 	23 Thanksgiving Day Thanksgiving Break No School	24 Thanksgiving Break 
27 Burrito Green Salad & Cucumber Cherry Tomato Cheese Sauce Fruit & Milk	28 Chicken Nuggets Mashed Potatoes Cucumber Fruit & Milk	29 Pizza Green Salad w/Veggies Cookie Fruit & Milk	30 BBQ Patty Burger Tater Tots Broccoli Slaw Baby Carrots Fruit & Milk	

Menus are subject to change on availability

Fresh fruit and cupped fruit provided with lunch

Highland schools are an equal opportunity provider. Highland School Wellness Policy available for review upon request.

1% reg milk, non-fat chocolate milk and Silk (lactose free soy) vanilla and chocolate milk provided with lunch