








T.I.S. November Breakfast 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast Pizza Fruit & Milk	2 Combo Bar & Churro Fruit & Milk	3 Sausage Pup & Syrup Fruit & Milk
		Pop Tart	Cereal Bar	Pop Tart
6 Egg Patty, Toast & Tater Tots Fruit & Milk	7 Pancakes & Syrup Fruit & Milk	8 Combo Bar & Churro Fruit & Milk	9 Breakfast Pizza Fruit & Milk	10 
Honey Bun	Pop Tart	Honey Bun	Pop Tart	
13 Scrambled Eggs & Sausage with Tortilla Fruit & Milk	14 Cereal & Toast Fruit & Milk	15 Tornado Fruit & Milk	16 French Toast & Syrup Fruit & Milk	17 Breakfast Pizza Fruit & Milk
Pop Tart 	Cereal Bar	Pop Tart	Cereal Bar	Pop Tart
20 Sausage Pup & Syrup Fruit & Milk	21 Cinnamon Roll Fruit & Milk	22 Thanksgiving Break 		24 No School 
Honey Bun	Pop Tart			
27 Combo Bar & Churro Fruit & Milk	28 Breakfast Pizza Fruit & Milk	29 Tornado Fruit & Milk	30 	
Pop Tart	Cereal Bar	Pop Tart		

Non-fat chocolate milk, 1% regular milk & Silk chocolate & vanilla milk are served with breakfast daily.

Apples, oranges, bananas and fruit cups are served with breakfast daily.

Highland schools are an equal opportunity provider. Highland School Wellness Policy available for review upon request.