





# T.I.S. Breakfast September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Omelet & Graham Fruit & Milk ----- Bab-Honey Bun
5 <b>LABOR DAY</b> 	5 Tater Tots, Egg Patty & Churro Fruit & Milk ----- Bab-Cereal Bar	6 Breakfast Pizza Fruit & Milk ----- Bab-Pop Tart	7 Omelet & Graham Fruit & Milk ----- Bab-Cereal Bar	8 Sausage Pup & Syrup ----- Bab-Pop Tart
11 Cereal & Toast Fruit & Milk ----- Bab-Honey Bun	12 Cinnamon Roll Fruit & Milk ----- Bab-Pop Tart	13 Breakfast Combo & Churro Fruit & Milk ----- Bab-Honey Bun	14 Breakfast Pizza Fruit & Milk ----- Bab-Pop Tart	15 Pancakes & Syrup Fruit & Milk ----- Bab-Honey Bun
18 Ham & Scramble Eggs Tortilla Fruit & Milk ----- Bab-Pop Tart	19 Cereal & Toast Fruit & Milk ----- Bab-Cereal Bar	20 Tornado Fruit & Milk ----- Bab-Pop Tart	21 French Toast & Syrup Fruit & Milk ----- Bab-Cereal Bar	22 Breakfast Pizza Fruit & Milk ----- Bab-Pop Tart
25 Sausage Pup & Syrup Fruit & Milk ----- Bab-Honey Bun	26 Cinnamon Roll Fruit & Milk ----- Bab-Pop Tart	27 Cereal & Toast Fruit & Milk ----- Bab-Honey Bun	28 Breakfast Pizza Fruit & Milk ----- Bab-Pop Tart	29 Pancakes & Syrup Fruit & Milk ----- Bab-Honey Bun

Non-fat chocolate milk, regular milk & Silk chocolate & vanilla milk are served with breakfast daily.

Apples, oranges, bananas and fruit cups are served with breakfast daily.

Highland schools are an equal opportunity provider. Highland School Wellness Policy available for review upon request.

