

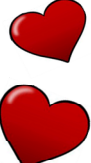




T.I.S. School Lunch February 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
|    | | 1 Chicken Nuggets Tater Tots Gold Fish Cracker Cucumbers & Fruit Milk | 2 Chicken Fajita Salad Mini Peppers Fruit Milk | 3 Chickin Patty Sandwich French Fries Baby Carrots Tomato & Lettuce Fruit & Milk |
| 6 BBQ Beef w/Bun Tater Tots Broccoli Slaw Baby Carrots Fruit & Milk | 7 Cheese Pizza Salad Cherry Tomato Fruit & Cookie Milk | 8 Hamburger French Fries Tomato & Lettuce Cucumber Fruit & Milk | 9 Chili & Fritos String Cheese Broccoli Cucumbers Fruit & Milk | 10 Cheese Pizza Green Salad Cherry Tomato Fruit & Cookie Milk |
| 13 Sun Butter Sandwich Reg. Sun Chips Fruit Cup & Broccoli Ranch Milk | 14 Mini Ham & Cheese Sandwich Nacho Doritos Fruit Cup & Carrots Ranch & Milk | 15 Sun Butter Sandwich Reg. Sun Chips Fruit Cup & Celery Ranch Milk | 16 Mini Ham & Cheese Sandwich Nacho Doritos Fruit Cup & Carrots Ranch & Milk | 17 Sun Butter Sandwich Reg. Sun Chips Fruit Cup & Broccoli Ranch Milk |
| 20 Presidents Day  No School | 21 PLD No School | 22 Teriyaki Dippers Brown Rice Salad Mini Peppers Milk | 23 Cheese Pizza Green Salad Cherry Tomato Fruit & Cookie Milk | 24 Hamburger Tater Tots Tomato & Carrots Lettuce Fruit & Milk |
| 27 Bean & Cheese Burrito Cherry Tomato Fruit & Graham Milk | 28 Mac N Cheese Salad & Cherry Tomato Cucumber Fruit Milk |  | | |

Menus are subject to change on availability

Nonfat Chocolate, 1% White Milk is served with every meal

Highland schools are an equal opportunity provider. Highland School Wellness Policy available for review upon request.