




TIS Breakfast January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 New Years Day Observed	3 Egg Patty, Tots & Churro ----- Poptart	4 Breakfast Pizza ----- Honey Bun	5 Cinnamon Roll ----- Poptart	6 Cold Cereal & Toast ----- Honey Bun
9 Combo & Churro ----- Poptart	10 Quesadilla ----- Cereal Bar	11 Breakfast Pizza ----- Poptart	12 French Toast & Syrup ----- Cereal Bar	13 Bacon Scramble Eggs & WG Tortilla ----- Pop Tart
16 Martin Luther King Day ----- No School	17 Tornado ----- Pop Tart	18 Egg Patty, Tots & Churro ----- Honey Bun	19 Omelet & Graham ----- Pop Tart	20 Breakfast Pizza ----- Honey Bun
23 Cold Cereal & Toast ----- Pop Tart	24 Cinnamon Roll ----- Cereal Bar	25 Ham Scramble & WG Tortilla ----- Pop Tart	26 Cold Cereal & Toast ----- Cereal Bar	27 Pancake, Sausage & Syrup ----- Pop Tart
30 Sausage Pup ----- Pop Tart	31 Breakfast Pizza ----- Cereal Bar			

Nonfat Chocolate, 1% White Milk, & Fruits is served with every meal

Highland schools are an equal opportunity provider. Highland School Wellness Policy available for review upon request.