

T.I.S. December Breakfast 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Tornado	2 Breakfast Burrito
			Pop Tart	Honey Bun
5 Egg Patty & Churro	6 Omelet & Graham	7 Sausage Pup & Syrup	8 Breakfast Pizza	9 Cereal & Toast
Pop Tart	Cereal Bar	Pop Tart	Cereal Bar	Pop Tart
12 Cinnamon Roll	13 Combo With Churro	14 Pancakes & Syrup	15 Omelet & Graham	16 Cereal & Toast
Honey Bun	Pop Tart	Honey Bun	Pop Tart	Honey Bun
19 	20 	21 Winter Break	22 	23 
26 	27 	28 	29 	30 

You Must have 3 items for a countable meal!

Fresh Apples, Oranges, Applesauce, Canned Fruit & Juice available fruit choices.

Menus are subject to change on availability

Nonfat Chocolate, 1% White Milk & Fresh Fruit is served at every meal

Highland schools are an equal opportunity provider. Highland School Wellness Policy available for review upon request.