








# HJH Lunch November 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Spaghetti with Cheese Salad & Cucumber Garlic Toast Fruit & Milk	2 Hamburger Tater Tots Lettuce & Tomato Carrots Fruit & Milk	3 Chili & Fritos Cheddar Cheese Cucumber & Carrots Ice Cream Cup Fruit & Milk
6 Chicken Quesadilla Rice & Churro Mini Peppers Fruit & Milk	7 Teriyaki Dippers Yakisobi Noodles Mini Peppers Cucumber Fruit & Milk	8 Chicken Drum Stick Mashed Potatoes & Gravy Roll with Butter Cucumber Fruit & Milk 	9 Pepperoni Ripper Salad & Tomato Cookie Fruit & Milk & Fruit	10 <b>Veterans Day</b>  In God We Trust
13 Taco Refried Beans Lettuce & Tomato Baby Carrots Fruit & Milk	14 Chicken McHighland Tater Tots Carrots Sl. Tomato Fruit & Milk	15 Turkey & Gravy Mashed Potatoes Dinner Roll, Green Beans Pumpkin Bar Fruit & Milk	16 Corn Dog Shoestring Fries Broccoli Carrots Fruit & Milk	17 Pepperoni Ripper Salad & Tomato Cookie Fruit & Milk
20 Burrito Salad & Tomato Cucumber Cheese Sauce Fruit & Milk	21 Pepperoni Ripper Salad & Tomato Cookie Fruit & Milk	22 <b>Thanksgiving Break</b> <b>No School</b> 	23 <b>Thanksgiving Day</b> 	24 <b>Thanksgiving Break</b> <b>No School</b> 
27 Chili & Fritos Cheddar Cheese Cucumber & Carrots Ice Cream Cup 	28 Chicken Nuggets Mashed Potatoes Cucumber Goldfish Cracker Fruit & Milk	29 Pepperoni Ripper Salad & Tomato Cookie Fruit & Milk	30 BBQ Patty Burger Tater Tots Broccoli Slaw Carrots Fruit & Milk	

Always 1% white or non fat chocolate milk and Silk (lactose free) white or chocolate milk provided.

Fresh and Canned fruit always served with Lunch.

Highland schools are an equal opportunity provider.

Highland School Wellness Policy available for review upon request.