

JR High School Lunch August 2023

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7				
14	15	16	17	18
21	22	23	24	25
Pepperoni Ripper Salad & Tomato Cookie Fruit & Milk	Chicken Nuggets Tater Tots, Cucumber Goldfish Cracker Fruit & Milk	Chili & Fritos Cheddar Cheese Cucumber & Carrots Ice Cream Cup Fruit & Milk	Mac N Cheese Salad & Tomato Cucumber Fruit & Milk	Hamburger Tater Tots Lettuce & Tomato Carrots Fruit & Milk
28	29	30	31	
Teriyaki Dippers Yakisobi Noodles Mini Peppers Cucumber Fruit & Milk	Pepperoni Ripper Salad & Tomato Cookie Fruit & Milk	Chicken McHighland Shoestring Fries Carrots Sl. Tomato Fruit & Milk	Taco Refried Beans Lettuce & Tomato Baby Carrots Fruit & Milk	

Always 1% white or non fat chocolate milk and Silk (lactose free) white or chocolate milk provided.

Fresh and Canned fruit always served with Lunch.

Highland schools are an equal opportunity provider.

Highland School Wellness Policy available for review upon request.