

# High School Lunch October 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Hamburger Tater Tots Lettuce & Tomato Carrots Fruit & Milk  	<b>3</b> Nachos Refried Beans Mini Peppers Cucumber Fruit & Milk	<b>4</b> Pepperoni Ripper Salad & Tomato Cookie Fruit & Milk	<b>5</b> BBQ Patty Burger Tater Tots Broccoli Slaw Carrots Fruit & Milk	<b>6</b> Chicken Nuggets Mashed Potatoes Cucumber Goldfish Cracker Fruit & Milk
<b>9</b> Chicken McHighland Tater Tots Carrots Sl. Tomato Fruit & Milk	<b>10</b> Pepperoni Ripper Salad & Tomato Cookie Fruit & Milk & Fruit	<b>11</b> Corn Dog Shoestring Fries Broccoli Carrots Fruit & Milk	<b>12</b> Chili & Fritos Cheddar Cheese Cucumber & Carrots Ice Cream Cup Fruit & Milk 	<b>13</b> Hamburger Tater Tots Lettuce & Tomato Carrots Fruit & Milk
<b>16</b> Sun Butter Sandwich Reg. Sun Chips Fruit Cup Broccoli & Ranch Milk	<b>17</b> Ham & Cheese Sandwich Nacho Chips Fruit Cup Baby Carrots & Ranch Milk	<b>18</b> Sun Butter Sandwich Reg. Sun Chips Fruit Cup Broccoli & Ranch Milk	<b>19</b> Ham & Cheese Sandwich Nacho Chips Fruit Cup Baby Carrots & Ranch Milk	<b>20</b> Sun Butter Sandwich Reg. Sun Chips Fruit Cup Broccoli & Ranch Milk
<b>23</b> Pepperoni Ripper Salad & Tomato Cookie Fruit & Milk 	<b>24</b> Sloppy Joe Dorito Chips Broccoli Slaw Mini Peppers Fruit & Milk	<b>25</b> Chicken Drum Stick Mashed Potatoes & Gravy Roll with Butter Cucumber Fruit & Milk	<b>26</b> Taco Refried Beans Lettuce & Tomato Baby Carrots Fruit & Milk	<b>27</b> Chicken McHighland Tater Tots Carrots Sl. Tomato Fruit & Milk
<b>30</b> Burrito Salad & Tomato Cucumber Cheese Sauce Fruit & Milk	<b>31</b> Pepperoni Ripper Salad & Tomato Cookie Fruit & Milk			Please Remember We are a Peanut Free District DO Not bring or send Candy or Items that contain Peanut.

Always 1% white or non fat chocolate milk and Silk (lactose free) white or chocolate milk provided.

Fresh and Canned fruit always served with Lunch.

Highland schools are an equal opportunity provider.