



JR/SR High School Breakfast **September 2023**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Omelet & Graham or Donut or Parfait ----- Bab-Cereal Bar
4 	5 Egg Patty & Tater Tots with Churro or Donut or Parfait ----- Bab-Pop Tart	6 Breakfast Pizza or Honey Bun or Parfait ----- Bab-Honey Bun	7 Omelet & Graham or Donut or Parfait ----- Bab-Pop Tart	8 Sausage Pup & Syrup or Honey Bun or Parfait ----- Bab-Honey Bun
11 Cereal & Toast or Donut or Parfait  ----- Bab-Cereal Bar	12 Cinnamon Roll or Dutch Waffle or Parfait ----- Bab-Honey Bun	13 Breakfast Combo & Churro or Donut or Parfait ----- Bab-Cereal Bar	14 Breakfast Pizza or Dutch Waffle or Parfait  ----- Bab-Honey Bun	15 Pancakes with Syrup & Sausage Patty or Donut or Parfait ----- Bab-Cereal Bar
18 Scrambled Eggs & Ham with Tortilla or Honey Bun or Parfait ----- Bab-Honey Bun	19 Cereal & Toast or Donut or Parfait  ----- Bab-Pop Tart	20 Tornado or Honey Bun or Parfait ----- Bab-Honey Bun	21 French Toast & Syrup or Donut or Parfait ----- Bab-Pop Tart	22 Breakfast Pizza or Honey Bun or Parfait ----- Bab-Honey Bun
25 Sausage Pup & Syrup or Donut or Parfait ----- Bab-Cereal Bar	26 Cinnamon Roll or Dutch Waffle or Parfait ----- Bab-Honey Bun	27 Cereal & Toast or Donut or Parfait ----- Bab-Cereal Bar	28 Breakfast Pizza or Dutch Waffle or Parfait  ----- Bab-Honey Bun	29 Pancakes with Syrup & Sausage Patty or Donut or Parfait ----- Bab-Cereal Bar

Always 1% white or non fat chocolate milk and Silk (lactose free Soy) vanilla or chocolate milk provided.

Fresh apples, oranges, bananas, cupped fruit and juice served with breakfast.

Highland School District is an equal opportunity provider.