High School Lunch August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1 W,	$E_{1} L_{1} C_{3} O_{1}$	3 M ₃ E ₁	4
	8 B ₃	$\begin{array}{c c} A_1 & C_3 & K_5 \\ \hline T_1 & O_1 \end{array}$		
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21	22	23	24	25
Pepperoni Ripper	Chicken Nuggets	Chili & Fritos	Mac N Cheese	Hamburger
Salad & Tomato	Tater Tots, Cucumber	Cheddar Cheese	Salad & Tomato	Tater Tots
Cookie	Goldfish Cracker	Cucumber & Carrots	Cucumber	Lettuce & Tomato
Fruit & Milk	Fruit & Milk	Ice Cream Cup Fruit & Milk	Fruit & Milk	Carrots Fruit & Milk
28	29	30	31	
Teriyaki Dippers	Pepperoni Ripper	Chicken McHighland	Тасо	MA Part
Yakisobi Noodles	Salad & Tomato	Shoestring Fries	Refried Beans	THE P
Mini Peppers	Cookie	Carrots	Lettuce & Tomato	
Cucumber	Fruit & Milk	SI. Tomato	Baby Carrots	
Fruit & Milk		Fruit & Milk	Fruit & Milk	chilemonto ato

Always 1% white or non fat chocolate milk and Silk (lactose free) white or chocolate milk provided.

Fresh and Canned fruit always served with Lunch. Highland schools are an equal opportunity provider.

Highland School Wellness Policy available for review upon request.