

2017-21 Reviewed HIV/Sexual Health Instructional Materials

Consistency with Washington State Requirements

The Office of Superintendent of Public Instruction (OSPI), in collaboration with the Washington Department of Health (DOH) and a panel of reviewers representing local districts and public health experts, conducts regular reviews of HIV prevention and sexual health instructional materials to assess their consistency with the AIDS Omnibus Act ([RCW 28A.230.070](#)), the 2005 [Guidelines for Sexual Health Information and Disease Prevention](#) and the further requirements of [RCW 28A.300.475](#). Commonly used titles are reviewed, along with promising materials identified by districts and OSPI. A [review of sexual abuse prevention materials](#) was done in 2018 as part of OSPI's Erin's Law implementation.

The following list includes titles reviewed in 2017, 2019 and 2021 – titles reviewed earlier may no longer be medically or scientifically accurate. Districts that want to use titles that have not been reviewed by OSPI and DOH must use OSPI's [instructional materials review instruments](#) to assess suitability for use. Medical accuracy reviews should be conducted by DOH or a panel of experts with relevant clinical/research expertise, in accordance with state law.

Titles labeled "full" curricula are generally comprehensive curricula that include lessons addressing a wide range of topics, intended to be taught over the course of a unit of instruction or several grades. Titles labeled "supplemental" are generally materials that address only one topic or theme or are intended for use to supplement one lesson. Titles including content on affirmative consent or bystander training are indicated.

The 2017, 2019 and 2021 reviews found materials either "consistent," "consistent with modification" (minor or significant), or "not consistent" with state legislative requirements. All reviews are available on OSPI's [Instructional Materials Review Reports and Tools webpage](#), including contact information for publishers.

OSPI does not "approve," "endorse," or "recommend" curricula. Approval and adoption happen at the district level after district- or school-level reviews to ensure that materials are suitable for use in that community.



Titles Consistent with State Requirements

The following list from the 2017, 2019 and 2021 reviews represents titles found to be consistent with state requirements, or consistent with modifications. Reviewer comments and publication information can be found by clicking on the title [in each posted review](#).

Elementary School (Grades K-3)

Note: New requirements set to take effect in 2022-23 for elementary schools will NOT require districts to provide sexuality content in grades K-3. Instruction for grades K-3 “must be social emotional learning.”

Schools will not be required to use or adopt a curriculum in order to provide social emotional learning, though using an evidence-based program over time is recommended. Social and emotional learning is a process through which individuals build awareness and skills in managing emotions, setting goals, establishing relationships, and making responsible decisions that support success in school and in life.

Elementary School (Grades 4-5)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year of Review	Notes
Always Changing video (2016)	5	Supplemental	n/a	Yes	No	2019	
Consent and Communication video (n.d.)	5	Supplemental	n/a	Yes	Consent	2019	

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year of Review	Notes
FLASH	4-5						2021 revised version will be reviewed by OSPI in 2022.
Consent (For Kids!) Boundaries, Respect, and Being in Charge of YOU!	4-6	Supplemental	N/A	Yes	Consent, BST	2021	
Great Body Shop (2016)	3-5	Full	Yes	Yes	No	2017	Curriculum updated and aligned to National Sexuality Education Standards since our review.
Just Around the Corner video (n.d.)	4-5	Supplemental	n/a	Yes	No	2019	
KNOW (OSPI, 2014)	5	Supplemental	With modification	n/a	No	2014 (internal OSPI/DOH review)	Districts are encouraged to provide HIV prevention instruction as part of a comprehensive curriculum.

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year of Review	Notes
Oh No B.O. (Changing Bodies) video (n.d.)	4-5	Supplemental	n/a	Yes	No	2019	
Positive Prevention Plus (2017)	4-6	Full	Yes	Yes	No	2021	
Puberty & You video (2020)	4-6	Supplemental	n/a	Yes	No	2021	
Puberty: The Wonder Years (2015)	4-5	Full	n/a	Yes	No	2019	2021 revised version will be reviewed by OSPI in 2022.
Un Hushed Elementary(2021)	K-5	Full	Yes	Yes	Consent, BST	2021	

Middle School (Grades 6-8)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year of Review	Notes
Always Changing video (2016)	6	Supplemental	n/a	Yes	No	2019	
Boundaries video (KCSARC, 2020)	6-12	Supplemental	n/a	Yes	No	2021	
Confronting Sexual Harassment in School video (2012)	7-8	Supplemental	n/a	Yes	Bystander	2019	
Consent video (KCSARC, 2020)	6-12	Supplemental	n/a	Yes	Consent	2021	
Consent and Communication video (Amaze, 2019)	6-8	Supplemental	n/a	Yes	Consent	2021	
Consent and Communication video (n.d.)	6-7	Supplemental	n/a	Yes	Consent	2019	

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Consent Explained video (Amaze, 2016)	6-12	Supplemental	N/A	Yes	Consent	2021	
FLASH (2016)	6-8	Full	Yes	Yes	Consent, BST	2017	Lessons updated regularly, including lessons for remote instruction; found to be "evidence-based" in research (2020) .
Gender Identity video (n.d.)	6-8	Supplemental	n/a	Yes	No	2019	
Health Smart MS (2020)	6-8	Full	Yes	Yes	Consent	2021	
Healthy Communication video (KCSARC, 2020)	6-12	Supplemental	n/a	Yes	Consent	2021	
Just Around the Corner video (n.d.)	6	Supplemental	n/a	Yes	No	2019	
KNOW (OSPI, 2014)	6-8	Supplemental	With modification	n/a	No	2014 (internal OSPI/DOH review)	Districts are encouraged to provide HIV prevention instruction as part of a comprehensive curriculum.

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Oh No B.O. (Changing Bodies) video (n.d.)	6	Supplemental	n/a	Yes	No	2019	
One Love videos (n.d.)	6	Supplemental	n/a	Yes	BST	2019	
Our Whole Lives (2014)	7-8	Full	With minor modification	Yes	Consent, BST	2019	
Puberty: The Wonder Years (2015)	6	Full	n/a	Yes	No	2019	2021 revised version will be reviewed by OSPI in 2022.
Puberty & You video (2020)	6	Supplemental	n/a	Yes	No	2021	
Relationship Smarts Plus 4.0 Classic (2018)	6-8	Supplemental	n/a	With Modification	No	2018 <i>Reviewed as part of the 2018 Erin's Law Review</i>	Sexual Risk Avoidance (SRA) version was reviewed in 2021 and is not consistent with state requirements.
Rights, Respect, Responsibility (3Rs) (2015)	6-8	Full	Yes	Yes	Consent, BST	2017	Lessons updated since our review. WA-specific version will be reviewed by OSPI in 2022.
Saying Yes or No video (Amaze, 2017)	6-8	Supplemental	n/a	Yes	Consent	2021	
Understanding Gender video (n.d.)	7-8	Supplemental	n/a	Yes	No	2019	

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Understanding HIV video (2016)	6	Supplemental	Yes	n/a	No	2017	No longer available from publisher. Now available on OSPI's YouTube channel.
Unequal Partners(2018)	6-8	Supplemental	n/a	Yes	Consent	2019	
Un Hushed MS (2021)	6-8	Full	Yes	Yes	Consent	2021	
Understanding Sexual Consent and the Law video (Amaze, 2019)	6-8	Supplemental	n/a	Yes	Consent	2021	
What Does Consent Look Like (2014)	6-8	Supplemental	n/a	Yes	Consent	2021	

High School (Grades 9-12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Athletes as Leaders (2017)	9-12	Supplemental	n/a	Yes	Yes	2021	
Boundaries video (KCSARC, 2020)	9-12	Supplemental	n/a	Yes	No	2021	
Comprehensive Health Skills 2021	9-12	Full	n/a	Yes, with modifications	Consent, BST	2021	
Confronting Sexual Harassment in School video (2012)	9-12	Supplemental	n/a	Yes	BST	2019	
FLASH (2015)	9-12	Full	Yes	Yes	Consent, BST	2017	Lessons updated regularly, including lessons for remote instruction; found to be "evidence-based" in research (2020) .

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Gender Identity video (n.d.)	9	Supplemental	n/a	Yes	No	2019	
Health Smart HS (ETR, 2020)	9-12	Full	Yes	Yes	Consent	2021	
Healthy Communication video (KCSARC, 2020)	9-12	Supplemental	n/a	Yes	Consent	2021	
Love Notes 3.0 Classic (2018)	9-12	Supplemental	n/a	With modification	Consent	2018 <i>Reviewed in 2018 Erin's Law Review</i>	Sexual Risk Avoidance (SRA) version has not been reviewed and may not be consistent with state requirements.
Native Stand (2021)	9-12	Supplemental	Yes	Yes	No	2021	
One Love videos (n.d.)	9-12	Supplemental	n/a	Yes	BST	2019	
Our Whole Lives (2014)	9-12	Full	With minor modification	Yes	Consent, BST	2019	

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Rights, Respect, Responsibility (3Rs) (2015)	9-12	Full	Yes	Yes	Consent,	2017	Lessons updated since our review. WA-specific version will be reviewed by OSPI in 2022.
Sexuality Education for People with Developmental Disabilities (2018)	9-12	Full	With modification	Yes	Consent	2019	
Teen Talk(2015)	11-12	Full	With modification	Yes	Consent	2017	Curriculum updated in 2017.
Understanding Gender video (n.d.)	9-12	Supplemental	n/a	Yes	No	2019	
Un Hushed HS (2021)	9-12	Full	Yes	Yes	Consent	2021	
Unequal Partners (2018)	9-12	Supplemental	n/a	Yes	Consent	2019	
What Does Consent Look Like? (2014)	9-12	Supplemental	n/a	Yes	Consent	2021	

Titles Not Consistent with State Requirements

The following list from the 2017, 2019, and 2021 reviews represents titles found to be NOT consistent with state requirements, or consistent only with major modifications. As such, schools in WA should not be using these materials. Reviewer comments and publication information can be found by clicking on the title [in each posted review](#).

Middle School (Grades 6-8)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Don't Take Love Lying Down, Brad Henning (book, DVD, 2003)	6-8	Supplemental	No	No	No	2017	Publisher's website indicates the book & DVD are consistent with presentations offered to schools.
Get REAL (Center for Relationship Education, see REAL Essentials)							

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE LAW Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Sexual Identity video (n.d.)	7-8	Supplemental	n/a	No	No	2019	
Teen Health: Healthy Relationships and Sexuality (Glencoe, 2014)	6-8	Full	No	With significant modification	No	2019	2021 version will be reviewed by OSPI in 2022.
Understanding and Preventing Sexual Violence video (2013)	7	Supplemental	n/a	No	No	2019	
WAIT (Center for Relationship Education)							See Real Essentials

High School

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Don't Take Love Lying Down, Brad Henning (book, DVD, 2003) offered to schools)	9-12	Supplemental	No	No	No	2017	Publisher's website indicates the book and DVD are consistent with presentations offered to schools.
Health: A Guide to Wellness (Glencoe, 2003)	9-12	Full	No	No	No	2019	2022 edition will be reviewed by OSPI in 2022.
Human Sexuality (Glencoe, 2009)	9-12	Full	No	With significant modification	No	2019	
KNOW	9-12	Supplemental	No	n/a	No	2020 (internal OSPI review)	No longer medically accurate, no longer available
Red Comet Health – semester 2 (2018)	9-12	Full	No	No	No	2021	

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	CSHE Law Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed	Notes
Relationship Smart PLUS 4.0 SRA (2020)	6-8	Full	Yes	No	No	2021	
Sexual Identity video (n.d.)	9-12	Supplemental	n/a	No	No	2019	
Understanding and Preventing Sexual Violence video (2013)	9-12	Supplemental	n/a	No	No	2019	

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