

# What to do if a Person is Symptomatic



These recommendations are for K-12 schools, child care, and connected extra-curricular activities.

## If a person has one or more of these symptoms:

- Fever ( $\geq 100.4^{\circ}\text{F}$ ) or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Cough (new, changed, or worsening)



They should isolate at home AND get tested for COVID-19

- Congestion or runny nose
- Nausea, vomiting, or diarrhea
- Headache
- Fatigue
- Sore throat



They should isolate at home

If they do not receive an alternative named diagnosis from a health care provider **OR** do not get tested



They test **POSITIVE** for COVID-19



They test **NEGATIVE** for COVID-19

**OR** receive an alternative named diagnosis from a health care provider plus a negative test



**Isolate at home**

They can return to school, child care, and activities after five days have passed since symptoms first appeared if:

1. No fever within the past 24 hours (without medication) **AND**
2. Symptoms have significantly improved **AND**
3. Days 6–10 test negative with an antigen test to return

If they do not test negative after day five, they must continue isolating through day 10.

Was **only ONE** symptom present?

**NO**

**YES**

Did the symptom resolve within 24 hours **OR** are they consistent with a diagnosed chronic illness?

**NO**

**YES**

**Return to school, child care, and activities if:**

1. No fever within the past 24 hours (without medication)
- AND**
2. Symptoms have significantly improved

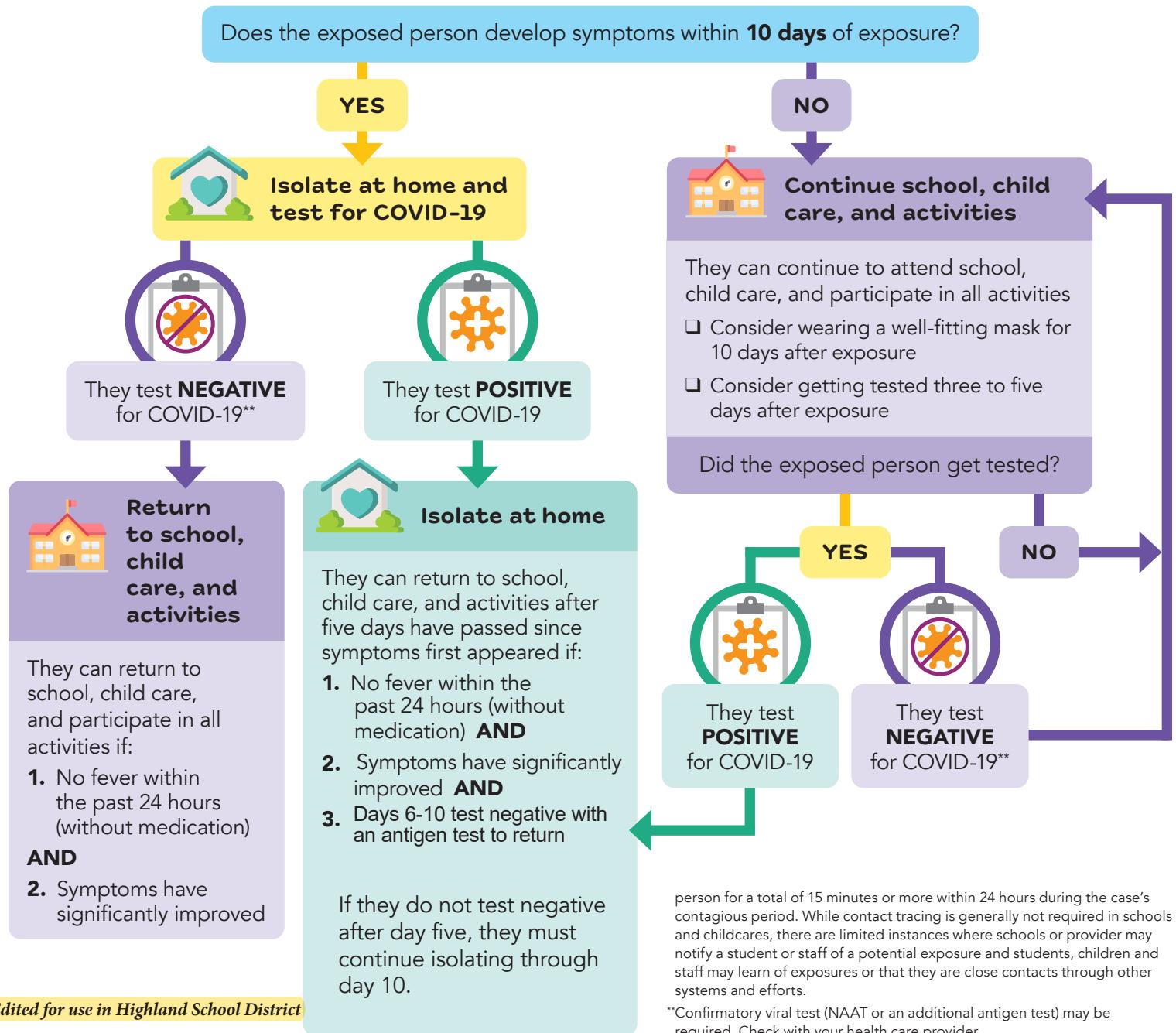
# What to do if You Receive an Exposure Notification or are Identified as a Close Contact\*



These recommendations are for K-12 schools, child care, and connected extra-curricular activities.

**Regardless of vaccination status, the following guidelines are recommended:**

- Continue to attend school, child care, and activities.
- Monitor for symptoms for 10 days after exposure.
- Consider wearing a well-fitting mask for 10 days after exposure.
- Consider getting tested three to five days after exposure.



person for a total of 15 minutes or more within 24 hours during the case's contagious period. While contact tracing is generally not required in schools and childcares, there are limited instances where schools or provider may notify a student or staff of a potential exposure and students, children and staff may learn of exposures or that they are close contacts through other systems and efforts.

\*Confirmatory viral test (NAAT or an additional antigen test) may be required. Check with your health care provider.