

T.I.S. School Lunch

2020



Monday	Tuesday	Wednesday	Thursday	Friday
2 Bean & Cheese Burrito Salsa, Cherry Tomato Cabbage Graham & Fruit	3 BBQ Beef on a Bun Sun Chips, Zucchini Cucumbers & Fruit	4 Pizza Green Salad W/Cherry Tomato & Fruit	5 Hamburger & Tater Tots Shred Lettuce & Tomato & Fruit	6 Chili, Corn Chips Cheese Stick, Cucumber Cherry Tomatoes Ice Cream Cup & Fruit
9 Chicken Nuggets Tater Tots, Carrots Grahams & Fruit	10 Ziti Pasta Green Salad w/Veggies & Fruit	11 Chicken Patty on a Bun Lettuce, Tomato Cherry Tomato Frozen Juice Cup & Fruit	12 Pulled Pork, Pinto Beans Tortilla, Veggies Frozen Fruit Cup & Fruit	13 NACHO'S Nacho Cheese, Corn Chips Refried Beans, Carroteenies & Fruit
16 Breakfast for Lunch Scrambled Eggs Tater Tots Churro & Fruit	17 Taco Taco Meat, Refried Beans Veggies & Fruit	18 Mandarin Chicken WG Rice, Cucumber Egg Roll & Fruit	19 Mac & Cheese Green Salad w/Veggies Graham Cracker & Fruit	20 Tomato Soup Cheddar Fish Crackers Veggies, Cheese Stick Cookie & Fruit
23 Chicken Nuggets Tater Tots, Carrots Grahams & Fruit	24 Little Smokies Baked Beans Cucumbers, Broccoli Slaw Ched Fish Crackers & Fruit	25 Chicken Drumstick Mashed Potatoes Dinner Roll Carroteenies & Fruit	26 Chicken Patty on a Bun Lettuce, Tomato Cherry Tomato Frozen Juice Cup & Fruit	27 Cheese Pizza Green Salad W/Cherry Tomato & Fruit ~ Early Release ~
30 Corn Dog, Baked Beans Carroteenies Celery Sticks & Applesauce Cup ~ Early Release ~	31 Deli Bunwich Sun Chips, Cucumbers Tomato, lettuce Frozen Juice Cup & Fruit ~ Early Release ~	  		

Menus are subject to change on availability

Nonfat Chocolate, 1% White Milk & Fresh Fruit is served with every meal

Highland schools are an equal opportunity provider. Highland School Wellness Policy available for review upon request.