

What the Highland School District is doing now:

School is out for the summer and education leaders are developing plans for learning to resume safely in the fall. Until there is a vaccine, education will look different than it has in the past. Schools in Washington are planning for learning in the fall using three scenarios:

- In-person education with appropriate physical distancing and masks
- A hybrid of in-person education and remote learning
- Enhanced remote learning

Suggestions During the Summer:

- Maintain a "regular" daily routine:
- Have breakfast and get ready for the day
- Spend time doing academic work: reading, math, science, history, writing
- Spend at least 60 minutes a day doing physical activity. Break it into 15 minute periods if needed
- Spend time on creative activities: drawing, Legos, crafts, music, cooking, or baking
- Help your parents: clean the house, work in the yard, cook dinner for the family!

➤ Harvest Foods has a Free Book section.

➤ Check out the HJH webpage for links to a 6 Week PE Plan and Log with information for grades K-12 to stay active and healthy during the closure.